

A Grene Dorge or Barleycorn

Take 4 bows of the edge colour and set them on *Lbc* and *Rbc*. Take 1 bow of another & set on *Ld* and 1 of yet other & set on *Ra*. *La* go through *Lbc* and pick up *Rc* reversed. Shift *Rb*, but not *Ra*. *Rb* go through *Rc* and pick up *Lc* reversed, shift *La* & *Lb*. *Ld* exchange with *Ra*; if exchange is reversed, the barleycorn stands out more.

Hearts

Take 5 bows of one colour and a double bow of other. Set double bow on *Ld*, others on *Lbc* & *Rabc*. Work as above, but always exchange *La* & *Rd* unreversed.